

September 2016 - Example – Shift D

Factory employment requires working a 12-hour **rotating** shift. Shifts work 7:00 a.m. to 7:00 p.m. **and** 7:00 p.m. to 7:00 a.m. The recurring 28-day schedule alternates work weeks of 36 and 48 hours with as many as 7 consecutive days off between shifts.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 1	Monday – Thursday; 7 am – 7 pm						
	08/29/16	8/30/16	8/31/16	1	2	3	4
WEEK 2					Friday – Monday; 7 pm – 7 am		
	5	6	7	8	9	10	11
WEEK 3	7 pm – 7 am				Friday – Sunday; 7 am – 7 pm		
	12	13	14	15	16	17	18
WEEK 4		Tuesday – Thursday; 7 pm – 7 am					
	19	20	21	22	23	24	25
WEEK 1	Monday – Thursday; 7 am – 7 pm						
	26	27	28	29	30		

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